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## VEWSLINK

### www.cranbourne-ps.vic.edu.au

The teaching and learning pedagogy at Cranbourne Primary School is developed on a

**RECIPE** (Relevant Engaging Challenging Innovative Personalized Enjoyable)

based curriculum that supports the members of the school community to develop intrinsic

PRIDE (Persistence Responsibility Independence Discipline Enthusiasm) in their learning.

Issue 10

20th April 2016

### **CALENDAR**

**UPCOMING** 

**EVENTS** 



Monday 25th April

ANZAC day

Public Holiday

No students at school

Tuesday, 26th April

Book Club Issue 3 orders due in by 4pm

Thursday, 28th April

Dad's night

Friday, 13th May

Balance of 3/4 Camp due by 4pm

### House Points

Childers

4th Cameron

### PRINCIPAL'S NEWS

### Why Can't I Skip My 20 Minutes of Reading Tonight?

Student "A" reads 20 minutes each day

3600 minutes in a school year

Student "B" reads 5 minutes each day

900 minutes in a school year

Student "C" reads 1 minute each day

180 minutes in a school year

1,800,000 words



90th percentile

282,000 words

50th percentile

8,000 words

10th percentile

By the end of 6<sup>th</sup> grade Student "A" will have read the equivalent of 60 whole school days. Student "B" will have read only 12 school days. Which student would you expect to have a better vocabulary? Which student would you expect to be more successful in school...and in life?

Quote of the Week "The more you**rea** the more things you know. The more that you | 🦰 🥦 the more 1 a CES you'll go.

# HAPPY BIRTHDAY TO OUR APRIL BABIES! Mia T Deekshan P Natalie B Joshua L



Hayley T

Happy Birthday to those students who are celebrating this week!

Healthcare and
Pension Card
holders, get your
CSEF form into
the office ASAP!
\$125/child

### Stars of the Week

These students have demonstrated intrinsic **PRIDE** (Persistence, Responsibility,

Independence, Discipline, Enthusiasm)

in their learning:

Learning community	Student
FOUNDATION	Brodie R
	Emily F
JUNIOR	Noah.I
	Piper M.
	Hanna B.
	Jessica M
MIDDLE	Georgia D.
	Aiyanna C.
	Laveeshay T.
SENIOR	Francis B.
	Declan. W
	Hailey M
	Bryson L.
Art	Daniel M (SMD)
ICT	Brodie FER
PE	Amira A-T SSL
Assistant Principal	Dante (JBH)
Principal	Raj S (MLB)

### From the Office

Statements will be sent home this week so you can check your balance. Please note if you have a CSEF credit on your statement, this can only be used for Camps, Sport and Excursions not for Essential Items.

Thank you to the parents who have paid the Essential Items in full and those that are making part payments.

Remember you can make a direct deposit to the school account using the details below.

### CPS BANK DETAILS

BSB 013 593

Account Number 499102494

Please put your child's name in the subject line.

Assistant Principal

### **Curriculum**

### Developing Children's Independence.

Being independent is an important part of any child's development. At school we try to develop this in a variety of ways, such as encouraging students to:

- Pack and unpack their own school bag
- Hand in notices/excursion forms and money for themselves
- Remember to present their Take Home Bag/book/diary to teachers to be signed/ changed
- Enter and leave learning spaces on their own
- Carry own belongings/school bag
- Complete roles of responsibility at school.

To assist us, we ask that **NO** parents enter any learning space after 8.45am each morning. This will ensure that your child is responsible for getting themselves ready for the day. It also ensures that teachers are free to set up for the day, greet the students and assist with any issues, so that lessons can commence promptly at 9.00am. If you need to speak to your child's home group teacher, please arrange to do this prior to 8.45am, or after 3.15 pm, and not during Teaching and Learning time.

## JUNIOR NEWS

For the last 2 weeks, JLS and JCM have been investigating water. We have brainstormed the many different uses of water and why water is so important. As part of our investigation we conducted a water cycle experiment. The students were able to be scientists and make predictions about what they thought might happen when the sun warmed the water in the glass bowl.

Some interesting words we have learned so far during our water unit are:

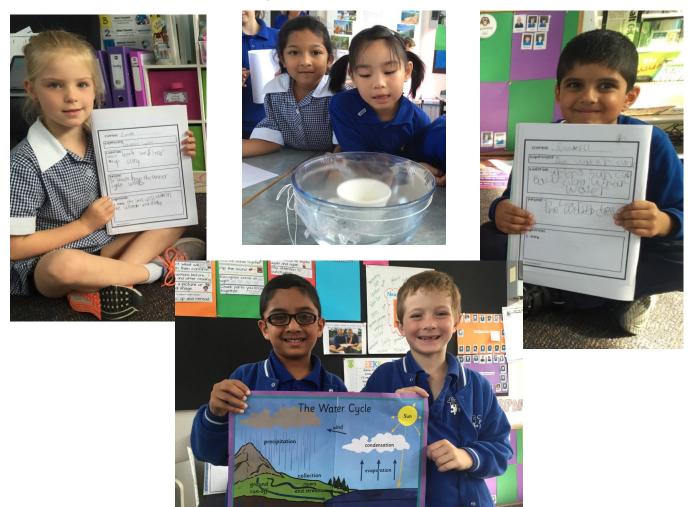
Condensation

Precipitation

**Transparent** 

Refreshing

Dehydrated

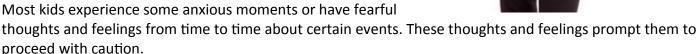


### Easing children's anxiety

By Michael Grose

Anxiety is a normal part of life and can be managed, but it takes time. It's also contagious so it's the job of parents to stay calm, think clearly and role model confidence when kids get anxious so that children can learn how to cope with anxiety.

For those with no personal experience of anxiety it can be hard to understand how debilitating it can be. "Come on, get on with it," seems so obvious. Of course, this response is nowhere near adequate.



But anxiety and fear can be paralysing. Some kids simply can't stop their 'bad thoughts and feelings'. They can't silence the voice of fear that whispers to them continually.

**Calm** is created through your words, voice and facial expression. When children become anxious, help them recognise what's happening. Some kids get angry, some become upset and others withdraw. Work out the pattern for your child and help them recognise when they are anxious.

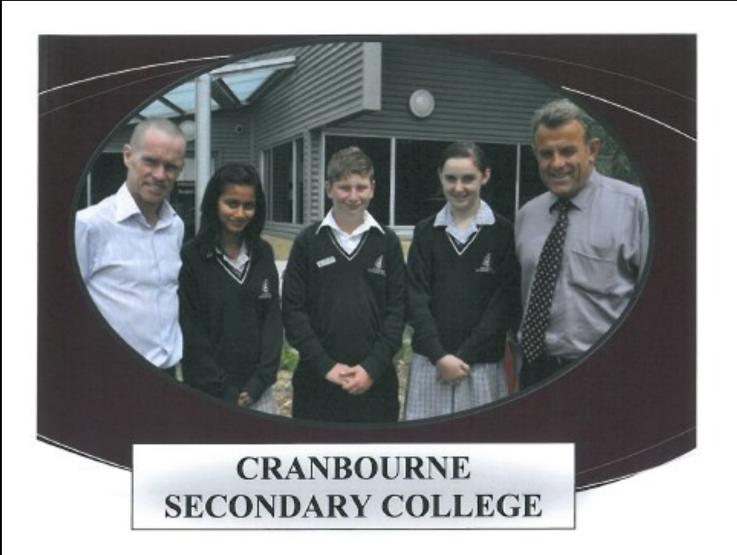
**Accept** your child's anxious feelings. Your child needs to trust that you are with them, and then they will be more willing to let you help them cope. It's hard sometimes to differentiate between what may be a bad case of negative thinking and true anxiety.

**Challenge** the validity of your child's fears and anxiety, using logic and rational thinking. Don't allow kids to wallow in self-pity. Move their thoughts towards the future rather than allow them to mope around.

**Encourage** your child to overcome their anxiety through action.

**Anxiety is normal**, and part of everyday life. However, it can be debilitating unless it's managed. Anxiety management takes time for kids to learn, but it's one of those valuable life skills that parents can teach their kids.





### Year 7 Enrolments for 2017 Information Evening

Thursday 5th May 2016 7.00pm Commencing in the College Theatre and visiting classes in the Junior School

Open Day Tours

3<sup>rd</sup> 4<sup>th</sup> and 11<sup>th</sup> May 2016

9.30am each day

Please call the office on 5996 3544 to book a tour

The College Prospectus will be available on the night of the Information Evening or from the office anytime afterwards Pride
Respect
Integrity
Commitment
Enthusiasm

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# SCHOOL BANKING FRIDAYS



Start saving your tokens
And you can order
Really cool prizes!