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NEWSLINK

www.cranbourne-ps.vic.edu.au

The teaching and learning pedagogy at Cranbourne Primary School is developed on a

RECIPE (Relevant Engaging Challenging Innovative Personalized Enjoyable)

based curriculum that supports the members of the school community to develop intrinsic

PRIDE (Persistence Responsibility Independence Discipline Enthusiasm) *in their learning.*

Issue 17

8th June 2016

CALENDAR

UPCOMING

EVENTS



Thursday, 9th June

\$7 payment due for
Lightning Prem by 4pm

Friday, 10th June

Assembly 2:30 pm

All welcome.

Wednesday, 15th June

\$25 payment for Imax
due by 4pm - Seniors

Wednesday, 15th June

Lightning Prem

House Points

1st Childers
2nd Cameron
3rd Bakewell
4th Russell

PRINCIPAL'S NEWS

BREAKFAST CLUB

The breakfast club at our school operates on Tuesday and Thursday mornings in the BER at 8.15am.

There will be a special breakfast club on Monday 20th June at 8.00 am.

Some of our regular Breakfast club participants had the following to say;

'Breakfast club is awesome. You can eat as much as you like' - Brad

'My Dad says breakfast gives you energy for the day' - Decoda

'I love eating breakfast with my friends' - Monique

'Having Breakfast club helps my parents get to work on time'

'Breakfast is the most important meal of the day' - Ally

'Breakfast club gets me started for the day' - Latoya



Quote of the Week

'Responsible children grow into responsible adults.'

PRINCIPAL'S NEWS cont.

SECRETS
SECRETS

One of the most challenging lessons to teach a child is 'when to share a secret'.

Children are often asked to keep 'secrets' from family and friends. Some secrets are fun and safe—a surprise birthday party 'the present for Dad on Fathers' day' 'Mummy's having a new baby'.

But not all secrets share enthusiasm and excitement. Have you ever asked yourself 'How do children learn which secrets to share and which ones to keep?'

As children grow, their connections with family and friendships deepen and they are often confided in with very personal information. When children are asked to 'keep a secret' it can be a burden which they struggle to manage.

This can lead to facing a huge decision— 'break the trust' or 'keep the secret'. The conflict between these two responses can be emotionally challenging for children and it is important we give them the tools to assist in making the right decision by offering support, encouragement and reassurance that it is OK to 'tell'

That conversation should be one that starts early in life. Talk to your child/ren about 'secrets' help them to know when it is OK to keep a secret and when it is important to tell someone else.

When making a decision to break or pass on a secret, children need to know the 'rule'.

If someone's safety or well being is threatened or at risk of being harmed, you must tell someone who can help.

Children can be forced to keep secrets they don't want to through false promises, intimidation, bribery and threats of harm, rejection, rumours.

A simple saying children can learn to help them remember is:

Making the right choice is not always the popular choice

Making the popular choice is not always the right choice

Teaching our children to do the 'right' thing will help them to be responsible.

Responsible children grow into responsible adults.



Cheryl Van Deursen
Principal

HAPPY BIRTHDAY TO OUR JUNE BABIES!

*Michael L
Tyler S*



*Happy Birthday to
those students who
are celebrating this
week!*

Thank you to the parents who have paid the Essential Items in full and those that are making part payments. Remember you can make a direct deposit to the school account using the details provided below:

CPS BANK DETAILS

BSB 013 593

Account Number
499102494

*Please put your child's
name in the subject
line.*

Stars of the Week

These students have demonstrated intrinsic
PRIDE (**P**ersistence, **R**esponsibility,
Independence, **D**iscipline, **E**nthusiasm)
in their learning:

Learning community	Student
FOUNDATION	Merata W
	Samuel T
JUNIOR	Charlee W
	Ryan R
	Leah M
	Nathan N
MIDDLE	Damatson T
	Laveeshay T
	Manik S
	Niduka R
SENIOR	Jackson P
	Abbey M
	Charlotte R
	Veronica N
Art	Jennifer M SMD
ICT	Daniel M SMD
PE	Amira A-T SSL
Assistant Principal	Sema M MTB
Principal	Ally B STD

FROM THE OFFICE

You can pay for more than one excursion *and* more than one child in one envelope! Our school payment envelopes have room for 3 students names and also allow you the option to pay by cash, cheque or credit card. If you have 2 or more students at our school and they have the same or different excursions that have to be paid for, put them all in the one envelope with the total amount. This saves you looking for change for specific excursions for each child! Please put your child's full name and home group on the front of the envelope!

Curriculum - Maths

Maths lessons at CPS focus not only on teaching specific skills, but also on how to apply the knowledge/skill into real life applications. Students participate in problem solving activities and open ended tasks, to provide them with the opportunity to extend their ability with mathematical concepts.

To help develop their mathematical skills, each student is registered with Mathletics. This is a computer based learning tool, that provides opportunity for children to practise the learnt skills. This program can be accessed at school and at home.

Teachers incorporate Mathletics into the Maths curriculum, and being an activity "on the computer" children are engaged and enjoy completing the learning tasks.

Students are able to access Mathletics at home—each child has a 'log on' and they can then complete tasks at their specific level, in the area of Maths that has been addressed at school. Students work towards certificates once a number of lessons/activities have been successfully completed. Student achievements in Mathletics are acknowledged and celebrated at school with certificates presented and names displayed in learning spaces and the school newsletter.

Di Fernand
Assistant Principal



Cross Country Team – Casey South Division.

Congratulations

Amira Addisu-Tebebu 12/13 G	Ashley McMurray 11 B
Jade McCartin 12/13 G	Montaya Forsyth 9/10 G
Vithum Sathyajith 12/13 B	Maliyah Cockburn 9/10 G
Tamba Ngainda 12/13 B	Nathan Skewes 9/10 B
Jackson Plail 12/13 B	


Come rain, hail or shine our Cross Country team was out there each week running and keeping fit. They should be congratulated on their determination and impressive work effort. The course at Casey Fields is a gruelling course with several hills and muddy areas plus competitors must muster a huge sprint finish at the end of the race. All children completed the race and should be very proud of their outstanding performance and we at Cranbourne Primary School appreciate their magnificent contribution to our school's sports program. The students and teachers are grateful for the assistance of the parents who helped with supervision and transportation of the children. Special congratulations to Amira **Addisu-Tebebu** who came second in the 12/13 age group and will now compete at the next level. We wish her the best of luck.

Year 5/6 Lightning Premiership.

On Wednesday 15th June the students in Year 5/6 will compete against other schools in the Cranbourne North District Lightning Premiership competition. They will play at different venues in the following sports – Basketball, Soccer, Netball, Newcombe and AFL Football. Looking forward to a great day.



SCHOOL BANKING FRIDAYS



Did you know you can
bank as little as 5
cents if you want to?

WOW!! That's great news,
thanks! What a great way
to learn to save a little
money every week with
Dollarmites!



If you'd like your child to join in with Dollarmites banking you can apply for an account with the Commonwealth Bank or ask at the Office for an Application Form. It is important to teach children to start saving at an early age and they earn a token every time they deposit money which, when they have 10 tokens, they can choose a prize!

Friday, 17th June will be the last day
of banking for this term.
Friday, 22nd July (2nd week back)
banking will resume
in Term 3.

5 golden rules for parenting success in 2016

Michael Grose

The requirements for effective parenting are changing rapidly, just as the profile of parents is changing. If you add to this mix that children are growing up at the speed of light, information technology can make parents seem redundant, and increasingly parents claim lack of time is their biggest impediment to effective parenting. So what is a parent to do?

Here are 5 golden rules to guide you along your parenting journey in 2015:



1. Build confidence

With so many parents reporting that they have a child experiencing anxiety it would seem that we are currently experiencing a crisis in children's confidence. It would also seem that we have somehow forgotten how to absorb children's fears, insecurities and anxieties, and instill a sense of **confidence** that these can be overcome. Using a mixture of coaxing, coaching and cajoling parents need to find a way to impart in children a sense of courage to put themselves in new or potentially awkward social situations; to have a go at activities where failure is a real option; and to contribute to the wellbeing of others, which reduces anxiousness and fear.

2. Build developmental knowledge

Many challenges parents experience with their children are due to a developmental mismatch. That is, parents raising their ten year old as if they are eight. The nuances of parenting are age-related, yet due to inexperience we so often don't read the cues. Recently, I witnessed a mum and dad tearing their hair out trying to communicate with their nine-year-old son. For the first time he was saying no to them. They thought him stubborn and disobedient. I thought him normal, as nine can be a problematic age, where usually malleable children suddenly start changing. Puberty is stirring. When this couple's second child turns nine she will experience the benefits of her elder brother paving the way and breaking her parents in for her.

3. Swim against the tide

Listen to talkback radio, read the headlines of a newspaper or watch a current affairs TV program and you'll realise that, right now, we live in an incredibly judgemental society. Parents are harshly judged as well. Allow your kids to walk to school and you risk being judged as negligent. Drive your kids to school and you risk being told that you are spoiling them and neglecting their physical wellbeing. It takes a strong parent to swim against the tide of popular opinion. It also takes a strong parent to deny her child say a mobile phone when every other child has one. It helps to say *"This is the way we do it in our family."*

4. Be brave

Perhaps the biggest challenge facing parents, and their children, is the ability to let go of their parental reigns and give kids the freedom they need to develop autonomy. It's relatively easy to develop children's independence at home as the stakes aren't as high. If they can't cook a meal then you just have to do it for them. However, developing children's independence outside the home is a different story. Granting kids freedom has an element of risk; that's why parents need to be brave. Having the courage to let go is a basic requirement of parenting. It won't stop you worrying, but that's part of the game.

5. Add emotional intelligence to your parenting mix

With kids experiencing mental health challenges at a depressingly high rate it's time to add some emotional intelligence to the parenting mix. While many schools are now introducing emotional and social programs on the curriculum, it's important that parents develop a deep understanding of how emotions work: how emotions can be recognised; how they can work for us and against us; how we can regulate our emotions so they don't overwhelm us; and how to recognise and respond to the emotions of others. These sound like life-changing skills that if learned, are capable of impacting significantly and positively on future generations.



School Holiday Program



Moonlit Sanctuary
the best way to see Aussie animals

Winter School Holidays

Moonlit Sanctuary Junior Ranger Program

Kids enjoy environmental activities, animal encounters and native animal care.

Day includes: interactions with dingo, python, off-limits animals, feeding animals & food prep, animal enrichment activities, fun and games for ages 7-14 years.

Winter school holiday dates:

- Week 1: Monday 26th June to Friday 1st July 10am – 4pm
- Week 2: Monday 4th to Friday 8th July 10am – 4pm

Cost: \$65.00 per day, or \$175 for 3 days (pro rata for additional days).

Maximum 16 children per day.

Bookings essential as spaces are limited

Dress for the weather and wear closed-toe shoes, long pants and remember your hat or raincoat. BYO lunch or purchase at the café.

Moonlit Sanctuary

550 Tyabb-Tooradin Rd, Pearcedale

Phone 5978 7935

Web: www.moonlitsanctuary.com.au/juniorrangers.aspx

Open daily between 10am and 5pm





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LIVING WITH AUTISM.

DEALING WITH BEHAVIOURS AND ASD

Are you a parent/carer of a child on the autism spectrum?

Join with other parents/ carers to share experiences, ideas and learn strategies in a relaxed, friendly place.

During the 4 weeks you will:

- Discuss why the behaviours are happening
- Identify new ideas and strategies
- Hear from other parents and share experiences
- Identify new supports

WHEN: Thursday 14th, 21st, 28th July and 4th August

TIME: 9.30am - 11.30am

WHERE: Ballam Park Primary School
Belar Avenue Frankston

WHO: Parents, grandparents, carers of children with a diagnosis of autism

For bookings & enquiries contact:

Parentzone Southern 1300 984 011
or Joanne Templeton 0499 007 418 or 03 5945 2000
Joanne.Templeton@anglicarevic.org.au

FREE BUT BOOKINGS ESSENTIAL
Refreshments Provided



1300 984 011 | anglicarevic.org.au

**BETTER
TOMORROWS**