

Bakewell St.

PO Box 26

Cranbourne 3977



PH: 5996 1744 FAX: 5996 1370

cranbourne.ps@edumail.vic.gov.au

# NEWSLINK

[www.cranbourne-ps.vic.edu.au](http://www.cranbourne-ps.vic.edu.au)

*The teaching and learning pedagogy at Cranbourne Primary School is developed on a*

**RECIPE** (Relevant Engaging Challenging Innovative Personalized Enjoyable)

*based curriculum that supports the members of the school community to develop intrinsic*

**PRIDE** (Persistence Responsibility Independence Discipline Enthusiasm) *in their learning.*

Issue 33

26th October 2016

## CALENDAR

### UPCOMING EVENTS



Wednesday, 26th October

Carnival 11:30-1:30

Thursday, 27th October

Swimming

Tuesday, 1st November

No School - Public Holiday

Melbourne Cup Day

Wednesday, 2nd November

Due-Year 6 Graduation

Tickets (first round)

Thursday, 3rd November

Swimming

House Points

1<sup>st</sup> Cameron

2<sup>nd</sup> Russell

3<sup>rd</sup> Childers

4<sup>th</sup> Bakewell

## PRINCIPAL'S NEWS

We would like to extend support to all of our families. It appears at this time many families are facing a variety of pressures, which are challenging family resilience and strength in general.

If someone in your family is facing health, financial, emotional or medical issues and they are in need of extra support, please support them by:

1. Offering your support, or
2. Connecting them to one of the school well being team members, or
3. Connecting them to community agencies (some are listed below)

Beyond Blue— 1300 22 4636

Oz Child— 59 75 7644

Connections—8792 8999



**Cheryl Van Deursen**  
Principal

### Quote of the Week

*'A kind word can reach a wound that only compassion can heal'*

- Steve Maraboli

## HAPPY BIRTHDAY TO OUR OCTOBER BABIES!

NATHAN W  
MAALI A  
LEO L  
HAMIORA W  
HOPE E  
RUBY R  
CLAIRE P



*Happy Birthday to those students who are celebrating their special day*

## Stars of the Week

*These students have demonstrated intrinsic*  
**PRIDE** (**P**ersistence, **R**esponsibility,  
**I**ndependence, **D**iscipline, **E**nthusiasm)  
*in their learning:*

Learning community	Student
FOUNDATION	Irushi R
	Bailee W
JUNIOR	Rowell B
	Tiarna C
	Denise
	Mariane
MIDDLE	Alyssa J.
	Elise C.
	Chelsea H.
SENIOR	Daniel M
	Amira A
	Wilhemina O
	Jasper R
ART	Chris D (MSB)
ICT	Samuel T (FMD)
PE	Kyan H (SMD)
Assistant Principal	Reeon S (MLB)
Principal	Emily P (SSL)

## FROM THE OFFICE

We had several disappointed students today who were unable to attend the Carnival activities because payment was not received before the cut off time.

The Carnival notice was sent out 6 weeks ago to allow plenty of time for payment.

If you wish your child to attend excursions or activities please ensure that payment is made before the cut off date.

### CPS BANK DETAILS

BSB 013 593

Account Number  
499102494

*Please put your child's name in the subject line.*

## Curriculum

Today was Carnival Day at CPS. This event has been running for a few years now, and is always a highlight on our Events calendar. While it is a lot of fun for the whole school, there is also a lot of work completed by our Grade 5 and 6 students and teachers to enable the event to take place.

The carnival is also an excellent opportunity for our Senior learning community to address aspects of Vic. Curric. Students in grade 5/6 are required to cover Humanities subjects - 'Civics and Citizenship' and 'Economics and Business.' Some of the tasks that students complete for Carnival to help address these subject areas are:

- Identifying their market—providing activities that will appeal to students from F - 6.
- Budgeting and organising resources, equipment and prizes for each stall/activity.
- Marketing the event—promoting the event to the school community.
- Approaching local businesses for donations to support the raffle.
- Working collaboratively to ensure a successful event.
- Delegating roles and responsibilities
- Ensuring the activities are engaging, appropriate and safe.

**Di Fernand**  
**Assistant Principal**

# DOLLARMITE MONEY BOXES



HI SCHOOL BANKING STUDENTS!

WOULD YOU LIKE TO WIN ONE OF OUR  
DOLLARMITE MONEY BOXES?

FOR THE STUDENT' S WHO MAKE FREQUENT  
DEPOSITS IN TERM 4 THEY WILL AUTOMATICALLY  
GO INTO THE DRAW TO WIN ONE OF THE  
DOLLARMITE MONEY BOXES... SO DO NOT  
FORGET TO BANK EVERY WEEK 😊

**BANKING DAY**  
**IS**

**FRIDAY**

# What it means to be an emotionally intelligent parent

by Michael Grose



*So what does an emotionally intelligent parent look like? Here are five attributes that emotionally intelligent parents have in common.*

Emotionally intelligent parents have the following five attributes in common.

They will usually:

## 1. Listen more and judge less

There is nothing better than being understood. Parents who operate from an emotionally-smart mindset are more likely to listen to their kids when emotions are high, trying to access what may be going on, rather than clamping down their behaviour or closing them down with well-meaning advice.

**Impact: Better, more open relationships.**

## 2. Accept strong emotions

Anyone who lives with teenagers will know that emotions can run very high. They can say the worst possible things to each other and, at times, to you. Ten minutes after delivering a hateful tirade they can be cuddling up to the person who was the butt of their anger, frustration or anxiety. Emotionally intelligent parents know that feelings need to be expressed rather than bottled up, and allowed to fester. They also believe there is nothing so bad that a child can't give voice to in a family, however there are behaviours that are not unacceptable.

**Impact: A healthy expression of emotions.**

## 3. Focus on the present

Most parents are rightfully future-focused. We focus on the homework that needs to be handed in tomorrow; the washing that needs to be done; the meal that needs to be cooked. That's part of everyday life. Children generally focus on the here and now. That of course can be frustrating to a task-oriented future-focused mother or father. However, when we lower our gaze we are more likely to pick up how kids are feeling, and importantly help them understand and manage their moods and emotions.

**Impact: Happier families and less stress felt at home.**

## 4. Use rules rather than their moods to determine discipline

Some parents discipline according to their moods. If they feel good then they give children plenty of lenience. If they are feel bad then they pick their kids up on every little thing. It's better to stick to the family and house rules; that makes you more predictable, which kids really crave.

**Impact: More consistent parenting**

## 5. Develop a language around feelings

A family develops a vocabulary around the things that are important to them. Kids in a sport mad family will inevitably have a rich vocabulary around their chosen sport. The same holds for emotional intelligence. Families that truly value building emotional smarts will develop in kids a rich palette of words that will help them describe how they feel. This vocabulary will inevitably stay with them for life.

**Impact: Better relationships later in life at work and in their own families.**



# Spring into Play

## FREE Children's Week Event



**Come along and enjoy free hand painting stencilling, sausage sizzle, arts and craft, music and more**

**Date:** Thursday 27 October 2016

**Time:** 10 am - 1 pm

**Venue:** Old Cheese Factory  
34 Homestead Road, Berwick

Public transport options: Bus routes 834 and 835

**Come along  
dressed  
for fun!**

### Contact City of Casey

03 9705 5200

**NRS:** 133 677 (for the deaf, hearing or speech impaired)

**TIS:** 131 450 (Translating and Interpreting Service)

caseycc@casey.vic.gov.au

casey.vic.gov.au

facebook.com/CityOfCasey

@CityOfCasey

PO Box 1000  
Narre Warren VIC 3805

### Customer Service Centres

**Cranbourne** – Cranbourne Park Shopping Centre

**Narre Warren** – Magid Drive

**Narre Warren South** – Amberly Park Shopping Centre



## City of Casey

## Free Supported Playgroups - Term 4 2016



## At supported playgroups you can:

- » meet other local families
- » learn about your child's development
- » learn about parenting through the smalltalk program
- » enjoy a FREE playgroup for eligible families
- » play with your 0-5 year old.

Monday	Tuesday	Wednesday	Thursday
<b>Rossmoyne Supported Playgroup</b> 19 Beldale Court, Berwick 9.30 am - 11.00 am	<b>Simple Pleasures Supported Playgroup</b> Uniting Church 46 Wilson Street, Berwick 10.00 am - 12.00 pm  <b>Cranbourne West Supported Playgroup</b> 42-52 Fairhaven Boulevard, Cranbourne West 9.30 am - 11.00 am	<b>Fairhaven Supported Playgroup</b> 42-52 Fairhaven Boulevard, Cranbourne West 9.30 am - 11.00 am  <b>Strathaird Wednesday Supported Playgroup</b> 106-108 Strathaird Drive, Narre Warren South 9.30 am - 11.00 am	<b>Strathaird Thursday Supported Playgroup</b> 106-108 Strathaird Drive, Narre Warren South 9.30 am - 11.30 am
<b>Hallam Gardens Dari Speaking Supported Playgroup</b> 26-28 Nettle Drive, Hallam 1.00 pm - 3.00 pm	<b>Hallam Gardens Supported Playgroup</b> 26-28 Nettle Drive, Hallam 1.30 pm - 3.00 pm  <b>Selandra Supported Playgroup</b> 45 Haflinger Avenue, Clyde North 2.00pm - 3.30pm		<b>Littlecroft Supported Playgroup</b> 51 The Strand, Narre Warren South 1.30 am - 3.00 pm

For information contact City of Casey Customer Service on 9705 5200 or email [PlaygroupReferral@casey.vic.gov.au](mailto:PlaygroupReferral@casey.vic.gov.au).

## Contact City of Casey

03 9705 5200

**NRS:** 133 677 (for the deaf, hearing or speech impaired)

**TIS:** 131 450 (Translating and Interpreting Service)

[caseycc@casey.vic.gov.au](mailto:caseycc@casey.vic.gov.au)

[casey.vic.gov.au](http://casey.vic.gov.au)

[facebook.com/CityOfCasey](https://www.facebook.com/CityOfCasey)

[@CityOfCasey](https://twitter.com/CityOfCasey)

PO Box 1000  
 Narre Warren VIC 3805

## Customer Service Centres

**Cranbourne** – Cranbourne Park Shopping Centre

**Narre Warren** – Magid Drive

**Narre Warren South** – Amberly Park Shopping Centre





# Halloween

## at Wilson Botanic Park Berwick

Sunday 30 October 2016

### Trick or Treat Spectacular 3-6 pm

Trick or Treat safely on a 1km trail with spooky but friendly characters, entertainment, activities and lollies included. Dress to impress or scare!

**\$10 per child, adults are free**

*Tickets are strictly limited*

Pumpkin carving competition  
Sponsored by Berwick Volkswagen  
[www.casey.vic.gov.au/WBPB](http://www.casey.vic.gov.au/WBPB)

Carve  
at  
home

### Scare Park 7-10.30 pm

Seriously scary and seriously fun

**Recommended for 14+**

- » Walking ghost train over 1km long
- » Live music, dancers, sound and light display
- » Optional Paranormal Investigation session \$15 - [www.trybooking.com/MUVG](http://www.trybooking.com/MUVG)
- » Food trucks and vendors

**\$20 per head**

*Tickets are strictly limited*

**Tickets available at [www.trybooking.com/MQOA](http://www.trybooking.com/MQOA)**

#### Wilson Botanic Park Berwick

03 9705 5200

Wilson Botanic Park Berwick,  
668 Princes Highway Berwick

[wbp@casey.vic.gov.au](mailto:wbp@casey.vic.gov.au)  
[www.casey.vic.gov.au/wbp](http://www.casey.vic.gov.au/wbp)

[casey.vic.gov.au](http://casey.vic.gov.au)

[facebook.com/CityofCasey](https://www.facebook.com/CityofCasey)

[@CityOfCasey](https://www.instagram.com/CityOfCasey)

PO Box 1000  
Narre Warren VIC 3805

Our gold  
sponsor by:

**ONLY.** ESTATE  
AGENTS

Proudly hosted by

  
WILSON  
BOTANIC PARK  
BERWICK

  
City of  
Casey



Marnebek School  
CRANBOURNE

*You are invited to experience...*

# ***A day in the life of Marnebek School.***

*Please join us on  
Wednesday 9th November @ 9:30am  
for our Open Day for Professionals!  
9 New Holland Drive,  
Cranbourne East, 3977*

*Discover the inner working on Marnebek  
School, Main Campus, including:*

- Guided tour of Marnebek School*
- See various programs implemented  
throughout the school*
- Meet our students*
- Light refreshments*

