



NEWSLINK

www.cranbourne-ps.vic.edu.au

*The teaching and learning pedagogy at Cranbourne Primary School is developed on a
RECIPE (Relevant Engaging Challenging Innovative Personalized Enjoyable)
based curriculum that supports the members of the school community to develop intrinsic
PRIDE (Persistence Responsibility Independence Discipline Enthusiasm) in their learning.*

CALENDAR

Issue 36

18th November 2015

UPCOMING EVENTS



Friday, 20th November

Book Club Issue 8 orders due

Tuesday, 24th November

Swimming

2016 Foundation
Transition 11:30 – 12:15

Tuesday, 1st December

Swimming

Friday, 4th December

Parent Helper Morning
Tea

Monday, 7th December

Final School Council
Meeting

Tuesday, 8th December

Grade 6 Transition Day

PRINCIPAL'S NEWS

The news of the events in Paris this weekend has sent ripples of unrest across communities throughout the world. It is important that the actions of radical individuals do not promote prejudice between us and wedge barriers within our community.

It is also our responsibility to support young people at this time. Children and young people take their cues from the adults around them and will therefore develop their own beliefs based on the reactions they observe and the opinions they hear. If your child is asking questions that you are unsure how to answer, DET advise for you to

- ♦ be honest, calm, compassionate and open
- ♦ acknowledge that the event was distressing
- ♦ monitor your child's exposure to television coverage, print media and social media.
- ♦ reassure children that they are safe
- ♦ separate fact from fiction e.g. children may express fears about unrelated events.



Cheryl Van Deursen
Principal

House Points

1st Russell
2nd Cameron
& Bakewell
3rd Childers

Quote of the Week

IMAGINE

HAPPY BIRTHDAY TO OUR NOVEMBER BABIES!

Chelsea O
Laveeshay T
Aiyanna C
Declan W
Bryson L
Kanish B
Markeira M
Emily P
Annabelle J
Erika N

**Happy Birthday to
those students
who celebrate
their birthday
this week!**



Stars of the Week

These students have demonstrated intrinsic
PRIDE (**P**ersistence, **R**esponsibility,
Independence, **D**iscipline, **E**nthusiasm)
in their learning:

| Learning community | Student |
|---------------------|----------------|
| FOUNDATION | Zuhair N |
| | Liam W |
| JUNIOR | Iltaf N |
| | Kyana |
| | Amelia F |
| MIDDLE | Rithick M |
| | Mathew LT |
| | Zaelyn |
| SENIOR | Bailey I |
| | Hailey M |
| | Marie D |
| Art | Isabel G (FSP) |
| Physical Ed | Abby S (SBP) |
| Assistant Principal | Buthmi C (FSP) |
| Principal | Latoya E (MTB) |



Curriculum

SunSmart

FROM THE OFFICE

Foundation 2016 Transition
Dates

Times are 11:30-12:15 on the
following **Tuesdays**:

24th November

8th December

CPS BANK DETAILS

BSB 013 593

Account Number
499102494

*Please put your child's
name in the subject
line.*

Cranbourne Primary School is a SunSmart school. This means that we have a school policy that meets the guidelines set down by the Cancer Council. The following is taken from our current SunSmart policy:

Rationale:

A healthy UV exposure balance is important for health. Over exposure to the sun presents a serious health risk. Some sun exposure helps with Vitamin D. Students must therefore be educated as to the need for some sun exposure and suitable sun protection, and be protected from over exposure to the sun whilst at school.

Aims:

To educate students as to suitable Sunsmart protection strategies.

To encourage children and teachers to get some sun exposure for Vitamin D.

To protect themselves from the harmful effects of over exposure to the sun.

This policy ensures that all students and staff at Cranbourne Primary School are protected from over exposure to the sun whilst at school.

- Students are able to bring their own broad-spectrum water resistant sunscreen (SPF30+ or higher) to school, to apply themselves for outdoor activities
- Students are expected to wear the school council approved bucket hats for outdoor activities.

If your child has misplaced their hat, then please purchase a replacement hat from Beleza. If your child does not have a hat, then their access to the playground is restricted during recess and lunch breaks, as well as outdoor Sport and PE lessons.

No hat—No play!

Students are also expected to wear their hats while walking to and from the pool for their weekly swimming lessons.

Please make sure your child has their hat with them at school, at all times.

Di Fernand

Assistant Principal



School House Athletics



On Monday the 9th of November the whole school participated in the house athletics. Students came dressed in their house colours and were involved in three events. These included hurdles, sprints and sack races. It was great to see the students supporting their friend and competing in the races. The results of the day were as follows:

1st place – Bakewell

2nd place – Russell

3rd place – Childers

4th place – Cameron

A big thank you and congratulations to Mr. Peel for organising a very successful event.



Suggestions for addressing children and young peoples' responses in relation to traumatic events such as the terrorist attacks in Paris.

- 1. Reassure children that they are safe.** The consistency of the images can be frightening for young children who don't understand the notion of distance and have difficulty distinguishing between reality and fiction. Let them know that while this event is indeed happening it will not affect them directly.
- 2. Explain what happened.** Sounds obvious but it's important not to simply assume that children and young people understand what's happened. Be calm and stick the facts, using a map to show older children where it happened.
- 3. Be available.** Let kids know that it is okay to talk about the unpleasant events. Listen to what they think and feel. By listening, you can find out if they have misunderstandings, and you can learn more about the support that they need. You do not need to explain more than they are ready to hear, but be willing to answer their questions.
- 4. Help children process** what they see and hear, particularly through television. Children are good observers but can be poor interpreters of events that are out of their level of understanding.
- 5. Support children's concerns for others.** They may have genuine concerns for the suffering that will occur and they may need an outlet for those concerns. It is heartwarming to see this empathy in children for the concerns of others.
- 6. Let them explore feelings beyond fear.** Many children may feel sad or even angry with these events so let them express the full range of emotions.
- 7. Avoid keeping the television on** all the time. The visual nature of the media means that images are repeated over and over, which can be both distressing to some and desensitising to others.
- 8. Be aware of your own actions.** Children will take their cues from you and if they see you focusing on it in an unhealthy way then they will focus on it too. Let them know that it is happening but it should not dominate their lives.

Children's worlds can be affected in ways that we can't even conceive of so adults need to be both sensitive to children's needs and mindful of what they say and how they act in front of children.

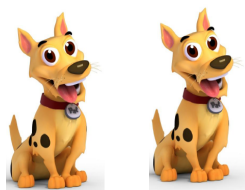
In difficult times, it is worth remembering what adults and children need most are each other.



WANTED

SCHOOL BANKING CO-ORDINATOR 2016

If you can spare 1 hour per week on a Friday morning to assist with the school banking next year, please contact the office!



SCHOOL
BANKING DAY
IS FRIDAY



School Holiday Program



Moonlit Sanctuary
the best way to see Aussie animals

January School Holidays

Moonlit Sanctuary Junior Ranger Program

Kids enjoy environmental activities, animal encounters and native animal care.

Day includes: interactions with dingo, python, off-limits animals, feeding animals & food prep, animal enrichment activities, fun and games for ages 7-14 years.

January school holiday dates:

- Week 1: Monday 4th to Friday 8th January 10am – 4pm
- Week 2: Monday 11th to Friday 15th January 10am – 4pm
- Week 3: Monday 18th to Friday 22nd January 10am – 4pm

Cost: \$65.00 per day, or \$175 for 3 days (pro rata for additional days).
Maximum 16 children per day.

Bookings essential as spaces are limited

Dress for the weather and wear closed-toe shoes, long pants and remember your hat or raincoat. BYO lunch or purchase at the café.

Moonlit Sanctuary

550 Tyabb-Tooradin Rd, Pearcedale

Phone 5978 7935

Web: www.moonlitsanctuary.com.au/juniorrangers.aspx

Open daily between 10am and 5pm



2016 NEW

ENROLMENTS

If you have a **new** student you want to enrol at school for next year from Foundation-Gr 6, we need your enrolment form

NOW!

If you are Foundation-Gr 5 and are leaving CPS at the end of 2015 and haven't notified the office, please let us know

NOW!



Parents using kids as bargaining chips

By Michael Grose

It's been said that children are the unwitting victims of a breakdown between partners, but it doesn't take a separation for kids to be caught up in their parents' disputes.

In particular, kids of all ages can be impacted by games of one-upmanship that can be played out even when parents are together.

It happens when one parent criticises the other parent's child-rearing either verbally or non-verbally: a raised eyebrow can send a strong message. This type of criticism creates doubt and uncertainty in children.

It happens when one parent intentionally overindulges children by buying them toys, gadgets and clothes or granting them excessive freedom out of spite. Competitiveness and disloyalty cause confusion and unhappiness in children.

It happens when a parent withholds affection and attention to children to punish their partner for some transgressions they may have committed. Callousness leads to feelings of unhappiness and guilt in children.

Consistency is the greatest gift parents can give

Kids crave consistency from their parents. They love to be able to predict how their parents will raise them as this puts them in control, which is vital for their healthy development. When they grow up in a predictable, caring environment they are more likely to take the learning risks necessary to grow and develop. In unstable, unpredictable environments kids either go into their shells to keep safe or they rebel. Consistency requires parents to use predictable routines, to stick to a known set of rules and to act always in their children's best interests when raising them.

Avoid negative partnership spill over

Families have many relationships within them. Parents have relationships with children as individuals and as a group. Children also have relationships with each other and with each parent, if there are two. Parents also have a relationship with each other, which can be compromised when there is family breakdown. The challenge for parents is to prevent a breakdown in their relationship impacting on their other relationships including each person's relationship with children. Positive parent relationships also have a positive effect on children's learning and wellbeing. Conversely, anecdotal evidence suggests that the spill over to children from their parents' negative relationships is significant indeed in terms of negatively impacting children's learning and their wellbeing.

Kids are mood detectives

If two parents are in dispute there is an absolute imperative for the parents to keep the breakdown or conflict between themselves and to minimise the negative spill over to children. Inevitably, children will experience a tension if it exists between couples no matter how well their parents try to keep a dispute private. Kids are mood detectives. They're generally better than we think at picking up the nuances of relationship tensions.

Stick to the business of parenting

It helps if parents in dispute can stick to the business of parenting and don't confuse it with the business of partnering. If a parent isn't getting along with a partner, then this is a problem to be worked out between them. Acting in the best interests of children means that we separate the partnering from the parenting when it comes to childrearing. This means that parents may have to compromise about many issues ranging from the straightforward, such as bedtimes, to more complex issues such as how best to manage children's behaviour. Giving some ground to the other parent maybe problematic when relationships are troubled, but it's not impossible. Plenty of separated couples do so successfully by consciously putting their children's best interest before their own.

Putting aside differences in children's best interests

Relationship breakdown can bring out the worst and the best in people. It brings out the worst when parents put their individual interest before their children's, particularly when they interact with each other. Parents show their best side when they don't let emotions rule their heads when they are in dispute with their partner. That means refraining from using kids as bargaining chips when interacting with their partner or ex-partner. Instead they stick to the business of parenting and make decisions in the very best interests of their children rather than their own interests. That's the adult thing to do.

Cranbourne Secondary College

INFORMATION NIGHT

**for
Year 7 Students 2016**

WEDNESDAY 25th NOVEMBER

7.00 PM SHARP in the V BLOCK

Cranbourne Secondary College
ABN 13 318 228 752
Stawell Street
Cranbourne 3977
Telephone (03) 5996 3544
Facsimile (03) 5996 7878
Email:
Cranbourne.sc@edumail.vic.gov.au



CRANBOURNE SECONDARY COLLEGE
WHILE WE LIVE WE GROW

**This event is an integral part of the enrolment process and every
Parent and their Child should attend.**

A general information session in V BLOCK will begin at 7pm sharp.

Parents will stay in V Block while your child goes off to spend time with their Pastoral Care Teacher in their classrooms. After this session, you will join your child with ***their Pastoral Care Teacher*** in the College Library. This is where you will have an opportunity to talk to the Pastoral Care Teacher about your child.

Information packs we're sent home at the end of October.

The College Administration Office will be open from 5.30 pm until 6.45 pm

Could you please submit the following paperwork before 25th November during normal office hours.

Mon 8.15 - 4.15pm Tue - Thu 8.00am - 4.15pm Fri 8.00- 3.45pm Phone: 5996 3544

- Enrolment Form / Passport that has been stamped with arrival date into Australia
- Payment of Curriculum Materials & Services Charge & Netbook Fee
- Year 7 Camp Deposit
- Computer Agreements Forms (Green form only)
- Photographic Images permission (Lilac form)

Parents wishing to discuss alternate payment options are requested to contact the office to make arrangements to discuss the matter with Michaela Wiley **before the 25th November 2015.**

If your child was not born in Australia a copy of the passport with the date stamped that they came to Australia on is required for their student file.

This must be done at the Administration Office before 25th November.

Light refreshments will be available after this meeting in the College Library.