Bakewell St.

PO Box 26

Cranbourne 3977



PH: 5996 1744 FAX: 5996 1370

cranbourne.ps@edumail.vic.gov.au

# NEWSLINK

# www.cranbourne-ps.vic.edu.au

The teaching and learning pedagogy at Cranbourne Primary School is developed on a

**RECIPE** (Relevant Engaging Challenging Innovative Personalized Enjoyable)

based curriculum that supports the members of the school community to develop intrinsic

**PRIDE** (Persistence Responsibility Independence Discipline Enthusiasm) in their learning.

Issue 39

# **CALENDAR**

7th December 2016

# **UPCOMING EVENTS**



# Wednesday, 7th December

Year 5 visit Cranbourne Secondary College

Friday, 9th December

Year 6 Graduation Tickets sent home

Tuesday, 13th December

Footsteps Graduation

Year 6 Graduation

Thursday, 15th December

Community Concert

Tuesday, 20th December

Last day of school 2:30 pm finish

# House Points

1st Bakewell

and Russell

3rd Childers

4th Cameron

# <u>PRINCIPAL'S NEWS</u>

The athletics event that was held last week was filled with all the qualities and attributes we are developing in our students—PRIDE, support, encouragement, determination, persistence.



Thank you to Mr Peel who

organised the event and thank you to the families who attended and contributed to the atmosphere of sportsmanship and

celebration. Congratulations to Childers house on their overall

winning points on the day.





Cheryl Van Deursen Principal

# **Quote of the Week**

'Success comes from never giving up'

# HAPPY BIRTHDAY TO OUR DECEMBER BABIES!

TORI R
KAITLYN T
VERONICA N
RHYS M
JESSICA M
JORDAN R
SEMA M
TAMBA N
PIRITARA T
SARAH P
CHARLOTTE R



Happy Birthday to those students who are celebrating their special day

# Stars of the Week

These students have demonstrated intrinsic **PRIDE** (Persistence, Responsibility,

Independence, Discipline, Enthusiasm)

in their learning:

<u> </u>	
Learning community	Student
FOUNDATION	
JUNIOR	Alee M.
	Vidhau R
	Grace W
MIDDLE	Jay B.
	Jamil A.
	Decoda W
SENIOR	
ART	
ICT	Hayley T (SSL)
PE	Wilhemina O (STD)
Assistant Principal	Kynan J (SSL)
Principal	Ryley B (MTB)

# FROM THE OFFICE

BREAKFAST CLUB

LAST DATE FOR

BREAKFAST CLUB IS

THURSDAY,

15TH DECEMBER

DON'T FORGET!

PAYMENT DUE 4PM FRIDAY,

16TH DECEMBER 2016

### CPS BANK DETAILS

BSB 013 593

Account Number 499102494

Please put your child's name in the subject line.



# **Curriculum**



# Life Education Van

Each year we have the Life education van visit our school. In 2017, the van will be with us in weeks 2 and 3 of term 1. to provide families with ample time to pay for this incursion, we have sent notices home this term. Payments are due by Friday 16th December 2016.

The Life Education Van program is an excellent resource for schools to access, and it is an integral part of our school's Unit of Investigation in term 1 next year.

We organise excursions and incursions to complement and support the Teaching and Learning taking place within learning communities, so it is vital that all students participate in these learning opportunities.

If you would like further information regarding the Life Education program, visit their website— www.lifeeducation.org.au/

Di Fernand Assistant Principal

# CHRISTMAS FAMILY NIGHT



# Thursday 8th December 6 - 8pm

# Bring the family along for a great night of fun

- Santa's little helper workshops
- Gift wrapping service
- Meet Santa in store
- · Light refreshments will be provided

# Plus more great activities in store including:

Jumping castle
Face painting
Balloonist
Pop corn
Fairy floss & more
Bunnings Cranbourne 59913100

Bookings recommended. For more information or to book ask one of our team in-store or visit www.bunnings.com.au





# Cranbourne Community Christmas Carols

cnr of Russell and Childers Sts

# 6.30 - 8.15pm Sun 11th Dec



Singing lead by Cranbourne Chorale and featuring guest artist

# Su Cheen Yu

who has appeared at Carols by Candlelight at the Music Bowl.

Join us for a wonderful evening of public carolling and performances in the park

# Free Sausage Sizzle & Cordial

Hosted by Cranbourne Presbyterian Church & St John's Anglican Church

BYO:

candle, chair &/or picnic rug

Enquiries: 59963251

Showbags for children aged

# **DOLLARMITE MONEY BOXES**



HI SCHOOL BANKING STUDENTS!

WOULD YOU LIKE TO WIN ONE OF OUR DOLLARMITE MONEY BOXES?

FRIDAY, 16TH DECEMBER 2016

LAST BANKING DAY FOR THIS

BANKING WILL RESUME ON FRIDAY, 3RD FEBRUARY 2017

YEAR!

FOR THE STUDENTS WHO MAKE FREQUENT DEPOSITS IN TERM 4 THEY WILL AUTOMATICALLY GO INTO THE DRAW TO WIN ONE OF THE DOLLARMITE MONEY BOXES... SO DO NOT FORGET TO BANK EVERY WEEK ©









# All Gr 2-6's – Do you want to learn KEYBOARD, GUITAR, or SINGING?

This is your CHANCE to enrol for Term 1, 2017!!

- 1. Go to our website at www.madonmusic.com.au
- 2. Fill out the online enrolment form and click the submit button
- 3. Mad On Music will contact you once you have received your place

To save disappointment, please enrol by the 9th December 2016.

[Mad On Music does not take enrolments for Term 3 & 4 lessons]



# All Prep & Grade 1's

Enrolments are NOW being taken for Prep & Grade 1 students to commence in Term 2, 2017!!

- 1. Go to our website at www.madonmusic.com.au
- 2. Fill out the online enrolment form and click the submit button
- 3. Mad On Music will contact you once you have received your place

To save disappointment, please enrol by the 30th January 2017.

(Mad On Music does not take enrolments for Term 3 & 4 lessons)

# AFTER SCHOOL CARE INFORMATION

Please note that here at Cranbourne Primary the school day finishes at 3:15pm. Please ensure children are collected promptly as Yard Duty Supervision finishes at 3:30pm. If you are unable to collect your child by this time, you will need to make alternative arrangements. We do not offer after school care on site however after school care is available from Judy Clarkson Cranbourne Day Care and Kindergarten Centre or Westernport Child Care Centre.

### JUDY CLARKSON CRANBOURNE DAY CARE AND KINDERGARTEN

Centres include Sladen Street, Cranbourne Drive, Duff Street, Mundaring Drive, Schoolie Central and The Barn (Cooper Court).

Phone: 5996 1415

HOURS OF OPERATION: Monday - Friday

6:00am - 6:30pm

52 weeks of the year

Closed weekends and public holidays

### **WESTERNPORT CHILD CARE**

144 Camm's Road

Cranbourne 3977

Phone: 5995 4970

Email: wpccccranbourne@bigpond.com

HOURS OF OPERATION: Monday - Friday

6:00am - 6:30pm

52 weeks of the year

Closed weekends and public holidays

# BFF Forever: When friendships go sour

### By Jenny Brockis

Emotional intelligence remains a work in progress throughout our lives. Dr Jenny Brockis offers parents tips to help children deal with emotional pain.

# Tips to help your child deal with emotional pain



# Allow them to grieve

Pain hurts and that's normal. Social pain hurts as much as physical pain because they share common neural pathways. Share with your child that you're sorry they are hurting to help them learn that emotions are normal, and that it's normal too to feel that their whole world has temporarily turned upside down.

# Encourage them to step away from the situation

When up close it can get *very* personal. Encourage your child to look at the situation from the other person's perspective to ease their pain; even though they may not fully understand why the other person acted in the way they did or said those horrid things. This helps them to **re-frame** what happened, elevates **empathy** and builds **resilience** to future hurts. What doesn't work is returning fire with fire or blocking communication routes. A nasty comment on Facebook is best not responded to. However, telling your child to not use social media or to ban access to Facebook or their phone isolates them further and means they can't reach out to their other friends for support.

# Offer time and an open ear

Sometimes what helps the most is to just be there. Offering support so they know you care with a kiss or a cuddle and encouragement to do some 'normal' things is what counts, as well as being available to just listen when required. It's about understanding, not interrogation. They don't necessarily want our advice!

# Move forward with respect and dignity

A great friendship is a thing of joy, but many will wax and wane for a variety of reasons. Helping your child to celebrate what makes them feel good about any relationship leads to greater acceptance and tolerance of difference.

Emotional intelligence remains a work in progress throughout our lives. It's something that can always be built on and added to. Helping our children develop their EQ equips them to know they will survive when a relationship goes pear shaped, and increase resilience to life's knocks. This has to be one of the greatest gifts as parents we can give to our kids.

Dr Jenny Brockis is the Brain Fitness Doctor, author of *Future Brain: The 12 Keys to Create Your High-Performance Brain* and mother to two young adults.