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NEWSLINK

www.cranbourne-ps.vic.edu.au

The teaching and learning pedagogy at Cranbourne Primary School is developed on a

RECIPE (Relevant Engaging Challenging Innovative Personalized Enjoyable)

based curriculum that supports the members of the school community to develop intrinsic

PRIDE (Persistence Responsibility Independence Discipline
Enthusiasm) *in their learning.*

Issue 11

24th April 2019

CALENDAR

UPCOMING EVENTS



Month of April

Thursday, 25th April

ANZAC DAY

PUBLIC HOLIDAY

NO SCHOOL



Friday, 26th April

Cross Country \$10

Month of May

Friday, 10th May

Coal Creek \$35 due

Wednesday, 22nd May

3/4 Camp Deposit \$50
due

PRINCIPAL'S NEWS

Tomorrow we celebrate ANZAC day. Anzac Day is a national day of remembrance in Australia and New Zealand that broadly commemorates all Australians and New Zealanders ' who served and died in all wars, conflicts and peace keeping operations ' and 'the contributions and suffering of all those who have served' .

To keep the memory of ANZAC alive we all share the responsibility of maintaining the story. Stories are passed on in many ways through poem, song, books, movies.

Our indigenous community keep their heritage and involvement in ANZAC alive through their story time, as explained below by Djarryn (grade 5) Thank you, Djarryn, for sharing this special tradition.

'We go to our special meeting place. We take it in turn to have water sprayed over us from the branch of leaves held by one of our elders. We go close to the fire and use our hands and arms to pull the smoke from the fire towards us so we can breathe the smoke. We then sit around the fire in a big circle and listen to the stories being told to us by the elders—this is how we keep the stories going.'



Our JSC baked ANZAC biscuits today with Ms Martin for all of our students. Regardless of how your family celebrates ANZAC day, I wish you well .
Cheryl Van Deursen—Principal



Quote of the Week

'Lest We Forget'

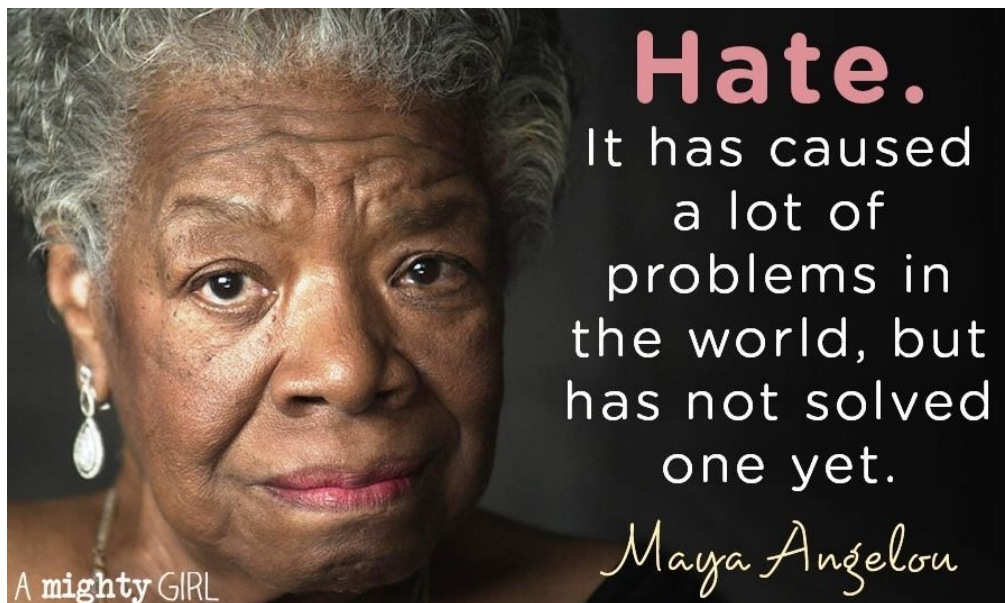


PRINCIPAL'S NEWS CONT:

I would like to welcome everyone back to Term 2. We have a short week as this Thursday 25th April is **ANZAC** day. Tomorrow is a public holiday so students are **not required** to attend school. JSC members will be joining me to lay a wreath at the cenotaph in Cranbourne tomorrow during the ANZAC ceremony.

School will, however, operate as usual on Friday.

I wish to send my regards to any families who have been impacted recently by tragic world events, in New Zealand or Sri Lanka. We are a multicultural community with many links to countries all over the world. These events may be geographically distant but through family and friend connections, they are only a phone call away. Our thoughts are with all of those families.



When I visited the students yesterday for our first day of term, it was noticeable that we had more than 50 students absent. Some families had taken extended holidays and some were sick but many students did not have an explanation for not attending on the first day of term.

REMEMBER — '*Every day of school is important to every child.*'

*'I can be changed by what happens to me, but I
refuse to be reduced by it'*

- Maya Angelou

HAPPY BIRTHDAY TO OUR APRIL & MAY BABIES!

Isabelle L

Vishu S

Cody M

Benjamin S

*Happy Birthday to
those students who
are celebrating
their special day!*



CPS BANK DETAILS

BSB 013 593

Account Number
499102494

*Please put your
child's name in the
subject line.*

Stars of the Week

These students have demonstrated intrinsic
PRIDE (**P**ersistence, **R**esponsibility,
Independence, **D**iscipline, **E**nthusiasm)

Learning Community	Home Group	Student
FOUNDATION	FA	Brielle B
	FB	Lewis A
	FC	Zac S
JUNIOR	JA	Rachael S
	JB	Ryder C
	JC	Tyson C
	JD	Zara S
	JE	Matthew
MIDDLE	MA	Piper M
	MB	Anita G
	MC	Liam W
	MD	Savanya
SENIOR	SA	Jaylan
	SB	Sukhan
	SC	Tristian
	SD	Nathan W
ICT	SB	Behroz R
MUSIC	FA	Alex S
ART	MD	Stevie M
PE	JC	Robabeh M
Ms Whittle		-
Mrs Bloomfield		-
Mr Clydesdale	JD	Tony
Mrs Fernand	SC	Zac & Sema
Principal	JD	Zoe A

FROM THE OFFICE

Grade 3/4 Camp deposit notices have been sent home today, **please** ensure you look after your note! These notes have **your personal details** on them so make sure you don't lose them!

*

Thank you to those who have paid for District Cross Country, \$10 is due this Friday!

*

Coal Creek \$35 is due by 10th May, thank you to those who have already paid!

*



Community

Thank you to everyone who helped CPS to end the term on such a positive note. Our Community Breakfast was a great success, to help celebrate the achievements of a very busy term!

We also used the Breakfast event as an opportunity to support The Royal Children's Hospital Good Friday Appeal, through generous gold coin donations and the sale of "Lost Property" uniform items. Our school raised \$504.00 — this is an amazing achievement! So thank you to everyone who supported the school and RCH.

We also held our "Harmony Day" in the last week of term. This was a celebration for our multicultural community to showcase all of the wonderful cultures and backgrounds that make CPS such a wonderful school.

Term 2 will also be busy, with lots of special events and extra curricular activities planned. We hope every student takes all opportunities to participate in these events, to support their learning and personal growth.

Dí Fernand

Assistant Principal

WELLBEING NEWS

School Age: Sleep

Why is Sleep Important?

Sleep restores children physically. It helps them learn and remember things, and it boosts immunity. And sleep helps children grow. For example, children's bodies produce growth hormone when they're asleep. Children often need more sleep at times of rapid growth.

Children of all ages need to get enough sleep so they can play, learn and concentrate during the day.

How much?

*At this age children need **10-11 hours sleep a night**. They're usually tired after school and might look forward to bedtime from about 7.30 pm.*

Relaxing before bed

After a big day at school, your child might still be thinking about many of the day's events and worries. If he's still thinking or worried when he goes to bed, it can cause a restless night or bad dream

Bedtime routine

A bedtime routine is very important at this age. It helps your child wind down from the day.

A bedtime routine might look like this:

6.45 pm: put on pyjamas, brush teeth, go to the toilet.

7.15 pm: quiet time in the bedroom with a book and a bedtime story or quiet chat.

7.30 pm: goodnight and lights out.

Good sleep habits

Your child might sleep better at night if they:

- Keeps regular sleep and wake times, even on the weekend
- Turns computers, tablets and TV off an hour before bedtime
- Has a quiet and dimly lit place to sleep
- Gets plenty of natural light during the day
- Avoids caffeine in tea, coffee, sports drinks and chocolate, especially in the late afternoon.

A cartoon illustration of a happy orange dog with large eyes and a wide smile, showing its tongue. It has a red collar with a silver tag that says "PAT". The dog is sitting on a large white bone. The background is a solid yellow color.

"Hampton Park Secondary College is rich in our diversity and whole hearted in our pursuit of excellence."



- ICT rich learning environment
- Transition and Peer Support Programs
- Huge range of electives in Year 9 and 10
- Literacy and numeracy intervention programs for children who need extra support
- VCE accelerated programs for high achievers
- Excellent record of success in Senior School
- Wide ranging co curricular programs including S.T.E.M initiatives
- Opportunities for sporting success
- Music and leadership programs

Come and see our school 'in action' during one of our tours. It's the best way to get to know us. Our students and staff welcome you and share their experiences.



Direct all inquiries to:
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