

PRINCIPAL'S NEWS

Last week's Book Week Dress Up Day was an absolute hit! It was wonderful to see the joy, colour, and creativity shine through in our costumes. We were also thrilled to officially reopen our newly refurbished library – a beautiful space that will inspire a love of reading for years to come. A big thank you to Mrs Houlder for her organisation of Book Week, and to Mrs Steeden for her tireless work in getting the library ready. I couldn't think of anyone better to cut the ribbon and open this exciting new chapter for our school.

Today I had the privilege of welcoming a group of teachers and leaders from Cranbourne Secondary College for a walk-through of our classrooms. They were in awe of what they saw – from the quality of teaching to the way our students are engaged in their learning. They left with a clear sense that what we are doing here is something very special. Both our staff and students should feel immensely proud – we are leading the way in great teaching and learning, not just in Cranbourne, but across the state.

This Friday we're looking forward to PJ Day and our Father's Day Stall – always a favourite! A special thank you to Mrs Horvath for her organisation, and to the team of volunteers who will help run the stall so smoothly on the day.

Looking ahead, our Father's Day Community Breakfast will be held on Wednesday, 4th September. Thank you to Mrs Jenkins and our wonderful staff who are busy preparing to make sure we all enjoy a delicious start to the day. A reminder too that Friday, 5 September is a Curriculum Day. Students will not be at school while our teachers spend the day deepening their professional knowledge and preparing for a strong Term 4.

I'd also like to give a special shout out to our student leaders. From helping to facilitate Book Week, to acting as peer supports in the yard, and delivering our fortnightly assemblies with confidence and pride – they truly embody our school values and should feel very proud of their efforts.

Finally, I want to thank our staff and families once again for your patience and support as we continue to navigate the shortage of casual relief teachers. While this has created challenges, we are working hard to make the process as seamless as possible for our students, and your understanding makes a huge difference.

Cranbourne Primary continues to be a community that works hard, is kind, and feels proud – and I am grateful every day to be part of it.

Warm regards,
Krysten Andrews - Principal



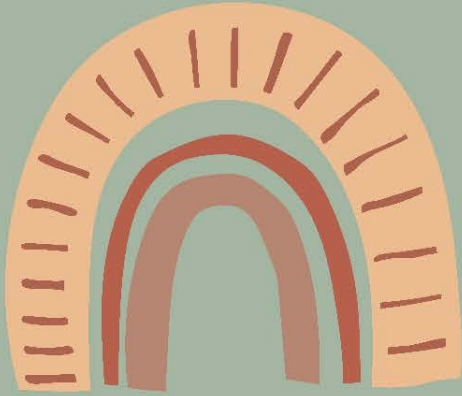
DATES TO REMEMBER

29th Aug	Pyjama Day Father's Day Stall Assembly 2:30pm
4th Sept	Father's Day Breakfast 8:30 am
5th Sept	Curriculum Day (No students at school)
12th Sept	Foundation Excursion to Myuna Farm
19th Sept	Last day of term 3 2:30pm finish

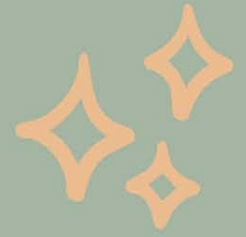
2026 Prep Enrolments Now Open

Our 2026 Prep Enrolments are now open. If you have a child who is due to start school in 2026 please contact the office for more details.

School Tours are being held Wednesdays at 9.30 (by appointment only). If you know of any families who have a child due to start next year and would like to have a look around the school they can contact the office and book in a tour.



Wellbeing News



Mrs Vanessa Hare
Acting Assistant Principal



TERM 3 WEEK 6 2025

This term is flying by with us now past the half way mark. Our students attended swimming lessons in week 4 representing the school and we are so Proud of the way they did this. Our Grade 5 students visited a production at Cranbourne Secondary School of the Wizard of Ozz, in week 5 and came back with glowing reviews. I was lucky enough to see some of our Middles students enjoying their Gymnastics program throughout the week. The book week dress up day was an amazing event with so many creative costumes and brilliantly fun and activities all day. The foundation students had a visit from Cranbourne Fire Station. Our Book Fair was another great hit with families with another great number raised. I hope we can continue the run of amazing experience for the students in the second half of the term.

MENTAL HEALTH IN PRIMARY SCHOOLS

Mental health is increasingly becoming the most common health concern in school aged students. The school staff have upskilled their knowledge and understanding of what this looks like for our young people. To support at home School T.V has a large number of quick videos and resources. I have also attached a quick notes version for your reference. If your child is struggling I highly suggest you have a look through the link found on the school website.



Anxiety & Young People

Anxiety is a natural and expected part of growing up. In fact, it plays an important role in helping young people prepare for challenges, stay alert to potential dangers and adapt to new situations. It can motivate them to study for a test, practise before a performance, or tread carefully in unfamiliar settings. However, for many children and adolescents today, anxiety can shift from being a helpful response to becoming intense, persistent and disruptive.

The world young people are growing up in is fast-paced and often demanding. Academic pressures, social expectations, family changes and the constant presence of digital media, can all contribute to heightened stress and worry. When anxiety is left unrecognised or unsupported, it can begin to affect a young person's wellbeing, learning, friendships and self-confidence. That's why it's so important for adult carers to understand how anxiety may present in children. Everyone experiences anxiety differently, and there's no one-size-fits-all solution. But with greater awareness, open communication, and the right strategies, families can help young people manage anxiety in healthy ways.

Support young people using these strategies:

- 1. Listen without judgement:**
Give your child your full attention when they share worries. Avoid interrupting or dismissing their feelings. Simply listening can help them feel understood, supported, and less alone in their anxiety.
- 2. Normalise anxiety:**
Reassure your child that anxiety is a normal emotion everyone experiences. Let them know it's okay to talk about it, which helps reduce stigma and encourages healthy, open communication.
- 3. Teach breathing techniques:**
Teach your child deep breathing techniques to calm their body's stress response. Practise together when they're relaxed so it becomes a natural tool they can use in anxious moments.
- 4. Break tasks into steps:**
Help your child tackle big challenges by breaking them into smaller, achievable steps. This approach makes situations feel more manageable and builds confidence in their ability to cope.
- 5. Problem-solve together:**
Work with your child to explore practical solutions when challenges arise. Involving them in the process builds problem-solving skills and helps them feel more capable and in control.
- 6. Prioritise good sleep:**
Establish consistent bedtimes and a screen-free wind-down routine. Quality sleep supports mood regulation, concentration, and resilience, making it easier for your child to manage daily stress and anxiety.
- 7. Encourage a balanced diet:**
Providing regular, nutritious meals with a variety of whole foods supports your child's physical health and mental wellbeing. A balanced diet can help stabilise mood, improve concentration and reduce feelings of irritability or fatigue.
- 8. Model calm coping:**
Demonstrate healthy ways of handling stress, such as journaling, exercising or talking through worries. Children often copy what they see, so setting an example is a powerful teacher.
- 9. Celebrate effort, not just results:**
Praise persistence, learning and small wins instead of focusing only on outcomes. This shifts pressure away from perfection and helps your child build confidence and resilience over time.
- 10. Encourage social connection**
Support your child in maintaining friendships and joining group activities. Strong, positive relationships provide belonging, perspective and emotional support, all of which protect against anxiety and build wellbeing.

CHAMPIONS OF THE WEEK



Learning Community	Home Group	Student	
FOUNDATION	FA	Lilly	Levi
	FB	Yane	Lylah
	FC	Saifullah	Sadie
JUNIORS	JA	Caius	Millie
	JB	Arham	Ali
	JC	Morliranoa	Yana
	JD	Mehr	Surveen
MIDDLES	MA	Agam	Ayesha
	MB	Leo	Alice
	MC	Eliza	Melody B
SENIORS	SA	Seyansa	Charlie Anne
	SB	Zeinab	Chelsea
	SC	Tahlia R	Kobii
PE		Alayna FC	Dylan SB
ART		Zhoey MA	Noah FB
CULTURAL STUDIES		Morliranoa JC	Anzyphilas JD
INTERVENTION		Manu JD	Anzyphilas JD

HAPPY BIRTHDAY TO ALL STUDENTS WHO ARE CELEBRATING THEIR BIRTHDAY IN THE COMING WEEKS.



Locki

Caiden

Leo

Nathaniel

Harini

Ella-Rose

Levi

Peyton

Patrick

Alex

Daneen

Olivia

Safifullah



Coming Up at Cranbourne Primary.....

Monday 25th August	Tuesday 26th August Father's Day stall orders and money due	Wednesday 27th August	Thursday 28th August	Friday 29th August Pyjama Day Father's Day Stall Assembly 2:30pm
Monday 1st September	Tuesday 2nd September	Wednesday 3rd September	Thursday 4th September Father's Day Breakfast from 8:30am in the Gym	Friday 5th September Curriculum Day (No students at school) Myuna Farm Permission and Payment due
Monday 8th September	Tuesday 9th September	Wednesday 10th September Grade 6 Summer Lightning Premiership	Thursday 11th September	Friday 12th September Foundation excursion to Myuna Farm Assembly 2:30pm
Monday 15th September	Tuesday 16th September	Wednesday 17th September	Thursday 18th September	Friday 19th September Last day of Term 3 2:30 finish



OSHC NEWS



More Riddles, More Cards, More Fun at OSHC!

This week at OSHC, our card game craze shows no signs of slowing down! The intense 10s and Spit tournaments are still going strong, with children facing off against OSHC Coordinator Jordan in some seriously competitive (but always fun!) rounds.

What's even better?

The kids are now taking the lead—teaching the games to their friends and educators, filling the room with laughter, cheers, and playful banter.

Our Riddle Challenge has also levelled up—we now have three riddles on the wall that no one has cracked yet! Each day brings more guesses, more theories, and more excitement.

And just when we thought things couldn't get more fun... board games have officially joined the mix! "Guess Who?" has quickly become the crowd favourite, sparking fun debates and detective work across the group.

Whether you're a card shark, riddle master, or board game fan—there's always something exciting happening at OSHC!

Feeling the FOMO? Come join the fun!



PYJAMA DAY!

Enjoy a comfy day at
school in your PJs! at:



CRANBOURNE
PRIMARY SCHOOL

Organised by your SRC!

When?

Friday, 29th of
August

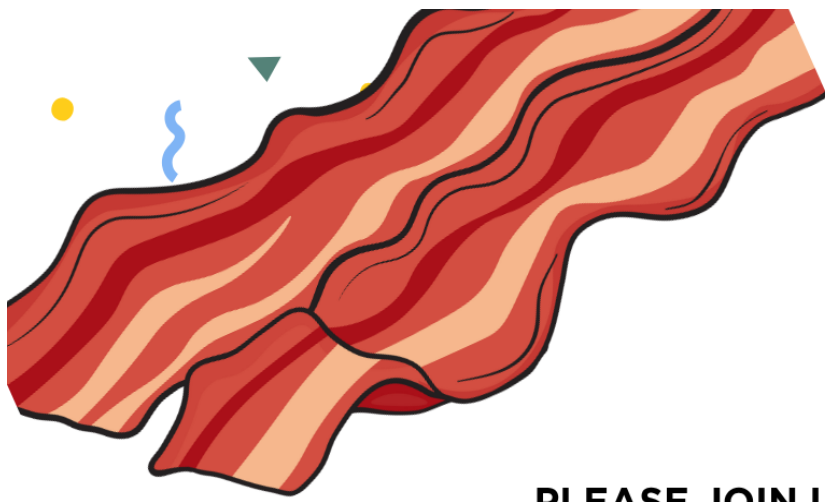
Gold Coin
Donation

Proceeds will be donated to



the
pyjama
foundation





PLEASE JOIN US FOR A

FATHER'S DAY BREAKFAST

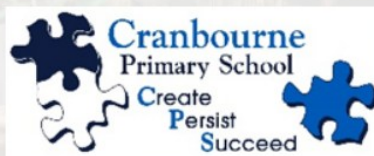


4TH
SEPTEMBER
START AT 8:30



IN THE GYM





EXPRESSIONS OF INTEREST

Peace & Prosperity Kitchen Garden Program

**Tuesdays (4 Sessions) - Term IV
During School Hours**

**at Government House,
Victoria**

Transport and Lunch Provided

**The Bus will pick you up from the
Community Hub,
Cranbourne Primary School
at 9 am and Drop off at 3 pm**

**For Registration/ Enquiries, Please Contact:
Email: Shazia.Khanum@education.vic.gov.au**

Student Leader

news

By Sophia and Ava
"We thought as a follow on from Book Week that we would ask some students and teachers about their favourite book"

MIDDLES

Dog Man: Mothering Heights – "It's creative and funny." **MA- Sarena**

Harry Potter(series)- "I like magic worlds, creatures and fantasy. The world is fun to read about and the plot is chaotic!" **MB- Miss Youssef**

Wednesday- "It's interesting and Wednesday is cool, partly because she wears black." **MC- Zohra**



"Reading gives us someplace to go when we have to stay where we are."
– Mason Cooley

SENIORS

Amulet- "It's very interesting and has very good fictional characters. It is very detailed." **SB- Lorayah**

The Story Treehouse (series)- "It's very interesting and has a fun story."
SB- Maddie

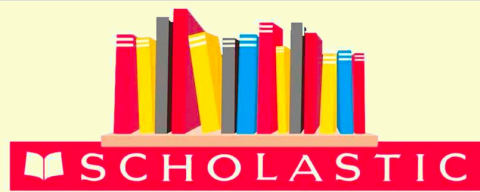
The Princess Bride- "It's funny and has a bit of everything in it. I read it as a girl, and now read it every year."
SB- Mrs Shannon

PREPS

The Best Junk- "They have lots of junk, like a flag, which they turned into a camp." **FA- Lyhua**

Fairy God Mother- "It has lots of interesting bits in it." **FB- Dempsey**

Spider Man- "It is cool and they have nice costumes." **FC- Saif**



Book Fair

Thank you

to all the families who purchased books at the bookfair.

These are some of the books that the school were able to purchase with the commission from sales.



iROCK
MUSIC SCHOOL



**CRANBOURNE
PRIMARY SCHOOL**
WORK HARD BE KIND FEEL PROUD

IROCK@SCHOOL

WANNA ROCK AT CRANBOURNE PS?

NOW TAKING ENROLMENTS FOR TERM 2

SPOTS ARE FILLING FAST

**NOW ON
TUESDAYS**

INCLUDES:

TEAMS OF 3-4 STUDENTS

IN SCHOOL RATE: \$100 P/M*

AFTER SCHOOL RATE: \$20 P/M*

8-10 LESSONS PER TERM

2 PERFORMANCES PER YEAR

CONDITIONS APPLY*

VOCALS, GUITAR, DRUMS, BASS, UKULELE AND KEYBOARD.

Unleash
your
inner
ROCKSTAR

SEND US AN INQUIRY TODAY!
THE INSTRUMENTS WE TEACH WILL BE SUPPLIED BY THE INSTRUMENTS WE TEACH. PLEASE CONSIDER A STUDENT WHO IF WE DO NOT HAVE THE NUMBERS TO INSTRUMENT IF WE DO NOT HAVE THE NUMBERS TO PROVIDE YOUR FIRST CHOICE



OSHC IN FULL COLOUR

**5TH SEPTEMBER
2025**

GET READY FOR A DAY BURSTING WITH
COLOUR, FUN, AND CREATIVITY!
COME DRESSED IN YOUR FAVOURITE
COLOUR OR WEAR A RAINBOW OUTFIT

BOOK ONLINE AT
[CRANBOURNEOSHC.FULLYBOOKEDCCMS.
COM.AU](http://CRANBOURNEOSHC.FULLYBOOKEDCCMS.COM.AU)

MOONLIT SANCTUARY

SPRING HOLIDAY CLUB

JNR KEEPER CLUB

Ages: 7-14

9:00am-2:00pm

Registration Fee

\$104

Become a Junior Keeper for a Day and
experience life behind the scenes at
Moonlit Sanctuary.

- Meet and feed our amazing Australian animals
- Help with real-life wildlife care
- Learn about conservation and animal behaviour
- Get hands-on with enrichment activities, animal diets and more

Unplug the devices and send your junior explorer off for an unforgettable day with real keepers, real animals, and real adventures.



**Moonlit
Sanctuary**
the best way to see Aussie animals

Learn more: moonlitsanctuary.com.au

Info : (03)5978 7935



Youth Road Safety

Fact Sheet



VICTORIA POLICE

Whether
you're
biking or
riding an
e-scooter,
follow these
simple road
safety tips
to stay safe
and have
fun on the
move!

MODIFIED OR PETROL POWERED BICYCLES

- Illegal.



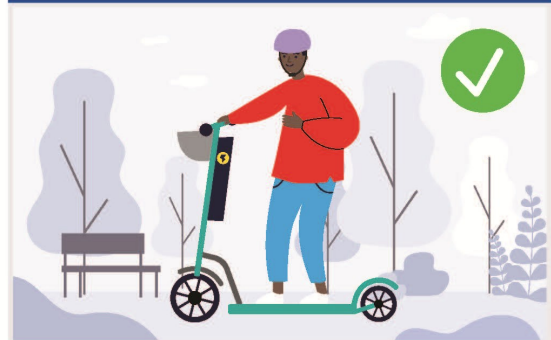
MOTORBIKES

- To ride on or off-road it must be registered with a full or recreation registration
- Helmet must be worn at all times.



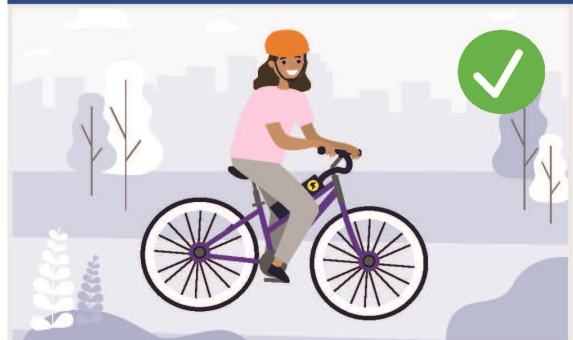
E-SCOOTER

- Be aged 16 yrs or over
- Max speed 20 kmph
- Helmet must be worn at all times
- No passengers
- Cannot be ridden on footpaths.



E-BIKES

- 25 km/h MAX speed
- Motor cannot provide power at speeds higher than 25km/h
- Helmet must be worn at all times
- No passengers
- Cannot be ridden on footpaths.



BREAKFAST CLUB

BREAKFAST CLUB IS ON
EVERY MORNING FROM
8:30AM IN THE BER.

COME ALONG AND HAVE
SOME TOAST, CEREAL OR
FRUIT WITH YOUR FRIENDS.

